

Fiscal Year 2022~

## Matsumoto Junior College Department of Care and Welfare

### New, “Care Therapist” certification is now available!

Students can learn the knowledge and techniques of hand and foot treatment, which are in demand in the field of care and welfare.

#### 【Main Benefits of Hand Treatment】

- Gels and creams prevent dryness.
- Improve blood circulation and relieves cold.
- Relieves muscle stiffness.
- Keeps joints soft and allows for better movement.
- Communication progresses and trust is created.
- Physical contact soothes the mind and the soul.

 [Click here for video ▼](#)



- ◆ Matsumoto Junior College Department of Care and Welfare is the first university and junior college in Japan to introduce a care therapist training course (Hand course, Foot course) for students.
- ◆ “Care Therapists” are certified by the Japan Association of Care Therapists to provide professional skin care to elderly under the name of “Care Therapist” in nursing care and welfare settings.

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